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2 **Creatures of the world**

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9 It is simply common sense that we think with and in our head. But do we? Andy
10 Clark and Alan Chalmers shook this view's foundation in a highly acclaimed
11 but controversial paper published in *Analysis* in 1998. "The Extended Mind" thesis
12 (EM) highlights the active role of the environment in driving cognitive processes.
13 And not just them; minds, supervening on these processes, must equally extend via
14 the body into the world. EM has been hailed by proponents and critics alike as a
15 radical departure from the traditionally internalist view of cognition and mind in
16 cognitive science. Radical as it may be in itself, it builds on earlier work by one of
17 its author, Clark's *Being There: Putting brain, body, and world together again*
18 (1997). More generally, extended cognition could be understood as the natural
19 "extension" of a wide range of related accounts in the new cognitive sciences often
20 described as the embodied, enacted, embedded, situated, and distributed view of
21 cognition. For Clark, the real payoff of EM comes from integrating "real-world,
22 real-time action with a search for the biologically basic roots of more decoupled
23 forms of thought and problem-solving". The latter may just lie in our experi-
24 ences with external symbol systems such as language, tools or cultural norms (Clark
25 1998, 47).

26 According to Richard Menary, the editor of a new collection of papers on "The
27 Extended Mind", the primary motivation for EM "is the brute fact of our
28 embodiment, especially our bodily manipulation of environmental vehicles" (229).
29 I particularly agree with John Sutton that one ambitions of EM is to reclaim "the
30 language of human nature from narrower forms of evolutionary psychology" and
31 other nativist assumptions of what humans really are (192). That was certainly the
32 expressed motivation of early developers of "extended" ideas such as Merlin
33 Donald's *Origin of the modern mind* (1991), Chris Sinha's *Socio-naturalistic*

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34 *approach to human development* (1989), and Tim Ingold's *People like us: the*
 35 *concept of the anatomically modern human* (1995) (cf. Stotz 2010).

36 Menary's collection serves as an informative, stimulating, and thought-provoking
 37 introduction into the Extended Mind literature by showcasing 14 reactions that
 38 interpret, defend, expand on, but also criticize Clark and Chalmers's original (and
 39 here reprinted) article. Menary, himself an outspoken proponent of extending
 40 cognition, does a good job of highlighting and summarizing the arguments in the
 41 mostly excellent contributions. While these are not ordered following any obvious
 42 principle, Menary roughly divides them into more functionalist (mostly Clark and
 43 Chalmers', Clark, and Wheeler) or more activity-oriented or "enactive" approaches
 44 of extended cognition (e.g. Sutton, Rowlands, Wilson, and Menary). For function-
 45 alists, it doesn't matter where a process is located as long as a process has a
 46 cognitive function. Enactivists, particularly Menary himself, care more about how
 47 the manipulation of environmental vehicles are *integrated* with neural processes in
 48 order to *constitute* cognitive processes.

49 Their focus on integration and constitution partly stems from what has been one of
 50 the main arguments of internalist critics against EM, such as Adams and Aizawa's
 51 defense of the bounds of cognition and Rupert's concern about the future of the
 52 orthodox *explananda* and methodology of cognitive science. The causal coupling of a
 53 cognitive agent with external props, the argument goes, does not make them cognitive
 54 in any way and hence, cannot render these props as constitutive parts of the cognitive
 55 system; to think so amounts to committing the "coupling-constitution fallacy" (67).
 56 To outline the conditions under which such a causal coupling becomes sufficiently
 57 integrated to form new cognitive wholes is one of the enactivist's strategies to counter
 58 this accusation (e.g., Menary's "cognitive integration", 227). A more substantial
 59 discussion about systems and their boundaries by EM's proponents would go a long
 60 way. One also wonders why they have so far not engaged more with the
 61 neurosciences.

62 Clark's strategy in his reply to Adams and Aizawa is rather to counterattack. By
 63 assuming that the parts of the system must have the same properties as the whole,
 64 Adams and Aizawa's succumb to the "fallacy of composition". He reacts to their
 65 theory of the "mark of the cognitive" intended to distinguish cognitive from non-
 66 cognitive part or process (68). The main condition for rendering an object "mental",
 67 rather than mere "physical" for them is to have "non-derived content". Apart from
 68 EM theorists denying that any object has the potential for becoming a genuine part
 69 in a cognitive process *in virtue of their own nature*, the orthodox and narrow, non-
 70 derived content condition certainly fails to convince them.

71 After all, one of the main motivations for embodied, embedded, and extended
 72 approaches to cognition is to question many of the received views of orthodox
 73 cognitive science, including that cognition must be based on the manipulation of
 74 internal symbols and representation. One of Clark and Chalmers's main arguments
 75 for an extended view rest on the "parity principle" maintaining that whenever a part
 76 fulfills a cognitive function, regardless where it is situated, it should be accepted as
 77 part of the cognitive system. This thesis serves two functions: first, as an "intuition
 78 pump" it undermines the Cartesian prejudice in locating cognition solely in the
 79 head; and second, it gives EM a functionalist reading—what matters is the

80 *functionality*, not the *physical properties* of a process. Unfortunately, it is just this
 81 argument that has been picked up, and in the process, according to many EM
 82 proponents, rather misinterpreted by the critics who have been fast to point to all the
 83 causal-mechanistic differences between internal and external processes and parts.

84 For this reason a “second wave” of EM thinking sees the parity principle not
 85 necessarily as the best support for extended systems. Instead, it promotes the
 86 “complementarity principle”: extension may not substitute or copy, but rather
 87 augment, improve, and build on top of internal cognitive resources. Because external
 88 processes are often radically different from internal ones they can make comple-
 89 mentary contributions to cognitive processes (Sutton, 194). These approaches, rather
 90 than pointing to the functional similarities, celebrate the transforming potential of
 91 external props in allowing us humans to achieve, previously unavailable, things.

92 Arguments for EM often take the form of so-called cyborg fantasies that involve
 93 the technological enhancement of our existing cognitive powers, and seem to be
 94 more interested in the future of human cognition. For Wilson, however, the scope of
 95 EM is much wider and also more fundamental; it illuminates “what cognition is for
 96 at least as long as it has been a trait of human beings”, and that notably includes our
 97 social environment, arguably the cognitively most significant form of our non-
 98 symbolic environment (Wilson, 181). However, Clark and Chalmers seem to agree
 99 when they argue that “the brain develops in a way that complements the external
 100 structures, and learns to play its role in a unified, densely coupled system. Once we
 101 recognize the crucial role of the environment in constraining the evolution and
 102 development of cognition, we see that extended cognition is a core cognitive
 103 process, not an add-on extra” (Clark and Chalmers, 32).

104 Sutton suggests that a “third wave of EM” may follow to take on the allegedly
 105 profound dichotomy between internal and external cognitive resources, e.g., by
 106 questioning the origin of so-called “natural”, internal resources (211). He is
 107 certainly on to something. Already half a century ago, Jean Piaget understood the
 108 origin of cognitive structures as internalized actions in, and interaction with, the
 109 world. Jerome Bruner developed the term “scaffolding” to talk about the way
 110 caregivers and more generally, cultural structures assist young children in learning.
 111 One example is the joint construction of language between the learning child and
 112 the assisting adult. This support is gradually withdrawn as children gain independent
 113 mastery of the task. Similarly, Spurrett and Cowley argue that social interactions
 114 can provide powerful mediating structures supporting the learning process.
 115 Affective and socially legible infants readily exploit the environmental regularities
 116 afforded by caregivers, who, for example, interpret the infant’s behavior in symbolic
 117 and intentionalistic terms long before it may be warranted, and thereby augment
 118 the infant’s cognitive powers (316). “Symbolic language”, according to them,
 119 originates out of the “communication-hungry interaction between human infants
 120 and caregivers” (303).

121 But organisms, and particularly humans, not just reliably couple to *ever-present*
 122 environmental features, they have the notorious capacities *to create, maintain, and*
 123 *manipulate their niche* and therefore, contribute considerably to its reliability.
 124 Donald, Sinha, and Ingold are among those that have for decades pointed to the
 125 importance of culture and artificial systems in structuring, calibrating, and



126 transforming our biological cognitive architecture. Since then, Kim Sterelny and
 127 Wheeler and Clark brought the process of *cumulative cognitive niche construction*
 128 in sharp focus; they all conclude that by engineering our epistemic environments
 129 humans partially engineer themselves (see Stotz 1010 for a summary).

130 This inspiring collection will in itself not settle the arguments surrounding the
 131 merits and dangers of EM thinking. Which arguments will in the end prevail and
 132 convince most researchers in the cognitive sciences? I agree with Menary that this
 133 will to a large extent depend on the development of genuine advances in scientific
 134 explanations to be gained from extending cognition beyond brain and body (18). If a
 135 comparison to another science is any measure of future success, the case for the
 136 Extended Mind could be quite strong. For a century, the biological sciences focused
 137 most of their efforts and resources on the study of the gene, because it was this field
 138 that yielded tractability, regularity, and early successes. The science of systems
 139 biology emerged at the dawn of this millennium because more and more molecular
 140 biologists felt that the immense gene-chauvinist and reductionist advances had come
 141 to an end, and must give rise to an understanding of the higher complexities of
 142 living organisms. Let's hope that Sutton's call for "a more adventuresome
 143 interdisciplinary development of the extended mind" will help us to appreciate how
 144 truly we are "creatures of the world" (39).
 145

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